

**SPINE AND SPORT FAMILY CHIROPRACTIC**  
**NEW PATIENT PAPERWORK**

Date: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

Email Address: \_\_\_\_\_

Primary Telephone: \_\_\_\_\_ Cell: Y or N

Secondary Telephone: \_\_\_\_\_

How would you like to receive reminders? Circle One: Text Voicemail Email Decline All

Ethnicity: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Occupation: \_\_\_\_\_ Title: \_\_\_\_\_

Marital Status: M S W D Spouse Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Do you have children?: Y or N

Names & ages of children:

\_\_\_\_\_

Family Medical Doctor: \_\_\_\_\_

When doctors work together it benefits you as the patient. Do we have your permission to update your medical doctor regarding your care in this office? Y or N

**HISTORY OF PRESENT AND PAST ILLNESS**

Please list your top three complaints for coming in today:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Date the symptoms appeared: \_\_\_\_\_

Is this due to Auto \_\_\_\_\_ Work Related \_\_\_\_\_ Other \_\_\_\_\_

Have you ever experienced the same or similar condition prior to today's date?: \_\_\_\_\_

Days lost from work: \_\_\_\_\_ Date of last physical exam: \_\_\_\_\_

In the last 12 months have you had any major illnesses, injuries, falls, auto accidents or surgeries? (Women, please include information about childbirth and dates if possible) Y or N

\_\_\_\_\_

Have you been treated by a physician for any health condition in the last year?

\_\_\_\_\_

Do you have any allergies? Season, food related or otherwise:

Please list any medications you are currently taking:

Do you currently have a Congenital Condition? Y or N

Women:

What was the date of your last menstrual cycle? \_\_\_\_\_

Is there any possibility of you being pregnant? Y or N

**Current/Previous Conditions**

Check all that apply

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Headaches            | <input type="checkbox"/> Neck pain             | <input type="checkbox"/> Stiff neck                 | <input type="checkbox"/> Back pain             |
| <input type="checkbox"/> Swelling             | <input type="checkbox"/> Broken bones          | <input type="checkbox"/> Joint pain                 | <input type="checkbox"/> Shoulder pain         |
| <input type="checkbox"/> Arm pain             | <input type="checkbox"/> Osteoarthritis        | <input type="checkbox"/> Seizures                   | <input type="checkbox"/> Epilepsy              |
| <input type="checkbox"/> HIV Positive         | <input type="checkbox"/> Loss of balance/Dizzy | <input type="checkbox"/> Fainting                   | <input type="checkbox"/> Loss of smell         |
| <input type="checkbox"/> Loss of taste        | <input type="checkbox"/> Gallbladder issues    | <input type="checkbox"/> Persistent cold feet/hands | <input type="checkbox"/> Arthritis             |
| <input type="checkbox"/> Muscle spasms        | <input type="checkbox"/> Frequent colds        | <input type="checkbox"/> Indigestion                | <input type="checkbox"/> Sinus problems        |
| <input type="checkbox"/> Menstrual pains      | <input type="checkbox"/> High blood pressure   | <input type="checkbox"/> Fatigue                    | <input type="checkbox"/> Chest pains/tightness |
| <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Heart disease         | <input type="checkbox"/> Low blood pressure         | <input type="checkbox"/> Cancer _____          |
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Circulation Problems  | <input type="checkbox"/> Weight Loss/Gain           | <input type="checkbox"/> Stroke (date: _____)  |
| <input type="checkbox"/> Memory issues        | <input type="checkbox"/> Numbness              | <input type="checkbox"/> Osteoporosis               | <input type="checkbox"/> Other _____           |

**Social History**

Please check next to which events best describe your current lifestyle  
OFTEN = "O"                      SOMETIMES = "S"                      NEVER = "N"

- |  |   |                                       |
|--|---|---------------------------------------|
| <input type="checkbox"/> Vigorous Exercise | <input type="checkbox"/> Moderate Exercise        | <input type="checkbox"/> No Exercise  |
| <input type="checkbox"/> Alcohol Use       | <input type="checkbox"/> Drug Use                 | <input type="checkbox"/> Caffeine     |
| <input type="checkbox"/> Family Pressures  | <input type="checkbox"/> Financial Pressures      | <input type="checkbox"/> Other Stress |
| <input type="checkbox"/> Tobacco Use       | <input type="checkbox"/> High Stress Job/Activity | <input type="checkbox"/> Rec Drugs    |

Have you ever smoked in the past? Y or N    Are you currently smoking? Y or N

**Authorization and Release**

I authorize payment of insurance benefits directly to the chiropractor or chiropractic office. I authorize the doctor to release all information necessary to communicate with personal physicians and other healthcare providers and payers and to secure the payment of benefits. I understand that I am responsible for all costs of chiropractic care, regardless of insurance coverage. I also understand that if I suspend or terminate my schedule of care as determined by my treating doctor, any fees for professional services will be immediately due and payable.

The patient understands and agrees to allow this chiropractic office to use their Patient Health Information for the purpose of treatment, payment and healthcare operations, and coordination of care. We want you to know how your patient Health Information is going to be used in this office and your rights concerning those records. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent.

**The following person(s) have my permission to receive my personal health information:**

Name \_\_\_\_\_ Relationship \_\_\_\_\_

I certify the information provided is accurate to the best of my knowledge:

Signature of Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature Authorizing Release: \_\_\_\_\_ Date: \_\_\_\_\_

**Informed Consent**

The Doctor will use their hands or a mechanical instrument upon your body in such a way as to move your joints. This procedure is referred to as "Spinal Manipulation" or "Spinal Adjustment." As the joints in your spine are moved, you may experience a "pop" as part of the process.

There are certain complications that can occur as a result of spinal manipulation. These complications include, but are not limited to: muscle strain, cervical myelopathy, disc and vertebral injury, fractures, strains and dislocations, Bernard-Horner's Syndrome, (also known as Oculosympathetic Palsy), costovertebral strains and separation. Rare complications include, but are not limited to stroke. The most common complication or complain following spinal manipulation is an ache or stiffness at the site of adjustment.

I am aware of these complications, and in order to minimize their occurrence I will take precautions. These precautions include, but are not limited to, taking a detailed clinical history of you and examining you for any defect which could cause a complication. This examination may include the use of x-rays. The use of x-ray equipment may pose a risk if you are pregnant.

**IF YOU ARE PREGNANT, OR THINK YOU MAY BE PREGNANT YOU SHOULD TELL ME OR MY OFFICE STAFF AT THE TIME OF YOUR EXAM.**

Printed Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Signature of Parent or Guardian (if minor): \_\_\_\_\_